

## Case Study: Julia and Celene\*

Two Generations, 2020



Julia 63, was suffering with anxiety and panic attacks in the night, an ongoing condition heightened by the stress and loneliness of the pandemic. Her family were incredibly worried about her and felt that Homeshare would be the ideal way of giving her the companionship and reassurance she needed in her London home.

We were delighted to find Celene, a professional nurse with mental health experience who since September has supported Julia. Celene herself was looking for a caring environment and is delighted with the share, saying she feels supported and very much part of the family.

*Julia says: "Two Generations listened and took all my concerns and wishes into consideration and matched me which I believe was a perfect match. I am very lucky to have found somebody within the lock down period. Celene, my home sharer, is very supportive and has become a good companion for me. I feel more secure knowing that someone else is in the house. She is not a sharer anymore, she has become part of my family"*

*Celene says: "Homeshare has allowed Julia and I to work together to thrive individually and to succeed at individual objectives. We have become a family, my family included who have been welcomed in the same beautiful manner that I was. This quote:" I can do things you cannot, you can do things I cannot; together, we can do great things" (Mother Teresa) conceptualises my experience of homeshare"*

\*Names have been changed